

Deming High School

Pro-Start Team



The Deming High School Pro-start team is getting ready for their intense culinary competition in March 2018. These students are working extremely hard to make delicious culinary creations. Led by Genevieve Wertz one of the Culinary arts teachers at Deming High School the Pro start team aims to win at the state competition and advance to the national competition located in Rhode Island. The team has to create an appetizer, entrée, and dessert. They must also compete in knife

skills, which is a competition in cutting different foods that are cut the same. Some cuts may include Rondell, small dice, and brunoise. The team's entrée is a roasted quail with Swiss chard, on a bed of faro pilaf, topped with some toasted pine nuts, and garnished with some basil.

- **Alyssa Lane**